



# What does RHE / PSHE look like at Mary Mags?

## Wider School Opportunities:

Children experience wider RHE / PSHE opportunities through whole school events, such as: Severn Trent Water assemblies, Anti-bullying week, Neurodiversity week, and Healthy living week.

## RHE / PSHE sessions:

RHE / PSHE sessions are delivered regularly throughout the term, giving children regular opportunities to explore and discuss various life skills, feelings and emotions.

## Three core areas:

- \* Health and wellbeing
- \* Relationships
- \* Living in the wider world

## Healthy Snacks:

At Mary Mags we promote healthy snacks for break time and have an annual healthy living week to explore having a healthy lifestyle.

At the core, we focus on quality teaching and learning opportunities

## Themes and topics:

The themes and topics support social, moral, spiritual and cultural development and provide our children with protective teaching on essential safeguarding issues, developing the knowledge of when and how they can ask for help.

## Curriculum Design:

The Long Term plan identifies essential lessons to deliver, ensuring that all RHE / PSHE objectives are covered throughout the year.

## Our values:

Our school values of joy, wisdom and love are fundamental to our RHE /PSHE curriculum.

